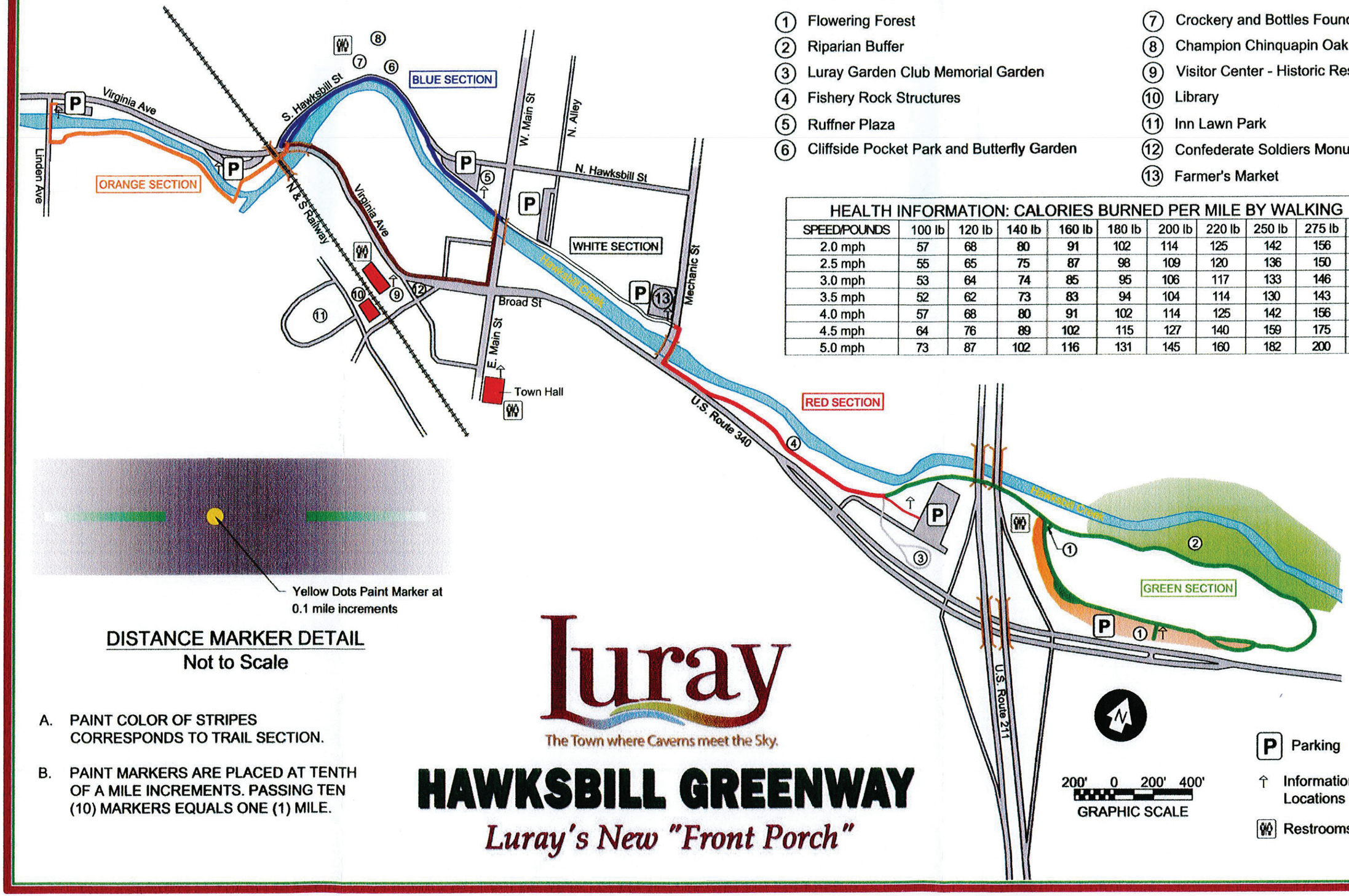
Key to Circled Numbers on Map:

1. Flowering Forest
2. Riparian Buffer
3. Luray Garden Club Memorial Garden
4. Fishery Rock Structures
5. Ruffner Plaza
6. Cliffside Pocket Park and Butterfly Garden
7. Crockery and Bottles Found at Base of Cliff
8. Champion Chinquapin Oak Tree
9. Visitor Center - Historic Restored Train Depot
10. Library
11. Inn Lawn Park
12. Confederate Soldiers Monument
13. Farmer's Market



HEALTH INFORMATION: CALORIES BURNED PER MILE BY WALKING

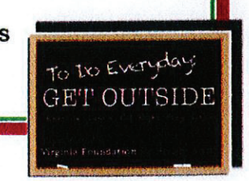
SPEED/POUNDS	100 lb	120 lb	140 lb	160 lb	180 lb	200 lb	220 lb	250 lb	275 lb	300 lb
2.0 mph	57	68	80	91	102	114	125	142	156	170
2.5 mph	55	65	75	87	98	109	120	136	150	164
3.0 mph	53	64	74	85	95	106	117	133	146	159
3.5 mph	52	62	73	83	94	104	114	130	143	156
4.0 mph	57	68	80	91	102	114	125	142	156	170
4.5 mph	64	76	89	102	115	127	140	159	175	191
5.0 mph	73	87	102	116	131	145	160	182	200	218

DISTANCE MARKER DETAIL
Not to Scale

A. PAINT COLOR OF STRIPES CORRESPONDS TO TRAIL SECTION.

B. PAINT MARKERS ARE PLACED AT TENTH OF A MILE INCREMENTS. PASSING TEN (10) MARKERS EQUALS ONE (1) MILE.

Luray
The Town where Caverns meet the Sky.

HAWKSBILL GREENWAY

Luray's New "Front Porch"