

Town of Luray, Virginia

July 1, 2009

From: Chief Page D. Campbell, Jr. / CES Luray

Health Notice / Swine Flu Alert & Information

As of, Week ending June 26, 2009:

United States has 27,717 confirmed cases of the H1N1 (Swine Flu) Infection

127 deaths reported
1 death in Virginia

53 States Reporting Cases

*****Virginia 191 Cases**

PLEASE VISIT THESE WEB SITES FOR INFORMATION:

- www.cdc.gov/swineflu
- www.vdh.virginia.gov

What is SWINE FLU?

Swine Influenza (Swine Flu) is a respiratory disease of pigs caused by an influenza virus that causes regular outbreaks in pigs. People do not normally get Swine Flu, but human infections can and do happen. Swine Flu viruses have been reported to spread from person to person, but in the past, this transmission was limited and not sustained beyond people.

Is the Swine Flu virus Contagious?

The CDC has determined that this Swine Influenza A (H1N1) virus is CONTAGIOUS and is spreading from human to human. However, at this time, it is not known how easily the virus spreads among people.

Everyday Actions People Can Take To Stay Healthy

- Cover your nose and mouth with tissue when you cough or sneeze. Throw the tissue away after its use.
- Wash hands often with soap and water, especially after you cough or sneeze. Alcohol-based hands cleaners are also effective.
- Avoid touching eyes, nose or mouth. Germs spread that way.